

PATRICIA FOSTER

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EDUCATION

Sep 2008 – May 2009 & May 2010 – Sep 2010

M.A in Focusing and Experiential Psychotherapy - Creative Thinking for Research: Thinking at the Edge (TAE)

University of East Anglia (UEA), Norwich, Norfolk, UK School of Education, and Lifelong Learning

Sep 1974 - Jun 1978

Joint B.A Honors in Sociology and Politics

University of Leeds, Leeds, Yorkshire, UK

PROFESSIONAL TRAINING & CERTIFICATION

September 2018

Certifying Coordinator

International Focusing Institute New York State, New York USA

April 2016

Certified Psychotherapist from the European Association of Psychotherapists

Credential ID ECP – Holder 408775

September 2015

BFA Certified Focusing Teacher

Apr 2012 - Jun 2012

The Center for Partnership Studies - Dr. Riane Eisler

Nine-week online course in "Caring Economics Leadership Training Program"

Certificate in Caring Economics Leadership Program: Women's Empowerment Track

Jan 2008 - Nov 2011

Trainer in Training, Person-Centered and Focusing-Orientated Approach at the Hellenic Focusing Centre, Athens, Greece

Apr 2009

The Focusing Institute, New York, USA

Certificate of successful completion of Training in Focusing-Orientated Therapy

Dec 2003 - Dec 2007

Hellenic Focusing Centre, Athens, Greece

Certification of successful completion of a four-year program in Person-Centered and Focusing-Orientated Counseling and Psychotherapy (1760 training hours)

Nov 2002 – Jun 2003

Hellenic Focusing Centre, Athens, Greece

Certification of Education in Focusing

Oct 1998

Certificate for Agency Person of the year 1998 from the Popular Management Committee of G.N.M.T.C LIBYA (General National Maritime Transport Company LIBYA)

Sep 1991 – Dec 1991

Certificate from Epimorfotikos Organismos Delta for 134 hours of Shipping Accounting Computer Studies

April 1980 – Nov 1980

Olivetti Financial Computer Training

Mar 1979 – Jun 1979

Schroevers Institute Rotterdam Secretarial Course

EMPLOYMENT HISTORY**1974 -1978****Manpower Services, Civil Services, Manchester and Liverpool**

Full and part time Administrator for setting up "training jobs programs"

1979 – 1981**Continental Ship stores, Rotterdam, Holland**

Ship supply and Bonds Company Executive Secretary and Financial Computer Accounts

1981 – 1987**Dominion International Services Inc., Piraeus, Greece**

Assistant Financial Manager in Shipping, Ship Finance, Chartering and Suez Canal Transits

1987 – 1992**Macoil Inc., Piraeus, Greece**

Assistant Financial Manager Shipping and Bunkering (Oil Traders)

1992 – 2008

The Medmar Group Financial Director and Manager- Director of Medmar Group

Active in Banking - Ship Finance - Documentary Credits - Financial Derivatives - Cost accounting - Preparation of Budgets - Cash flows - Business developments plans for the groups companies, which included the Leisure industry/ Fast Food and Hotel Complex Restaurant/ Equestrian Centre/ Hydroponic Plantation in Turks and Caicos/ Office management, Setting up and Supervising IT Department, Financial Manager of Greek/ UK/ Swiss and Turks and Caicos Island Companies

2007 – 2010

Trainer in Training for Hellenic Focusing Centre as Person Centered Focusing Oriented Therapist

2005 – 2011

Practicing as a Person Centered Focusing Oriented Psychotherapist

2012 – to date

- Focusing Life Skills training and retreats
- Resilience and Trauma workshops and retreats
- Thinking at The Edge training for groups and sharing Caring Economics Domination – partnership Continuum

LANGUAGES

- English (Mother tongue)
- Greek (Advanced user)
- Dutch (Basic user)

PERSONAL DETAILS

Nationality | British and Dutch

COMMENTS

Retired from Shipping Sector since March 2008 in order to pursue Psychotherapy/ Focusing training/NVC/ Caring Economics full time

MEMBER OF

- WAPCEPC /Focusing Institute New York/ BFA/EFA/CELP/ NVC